

5K

**Proceeds will Benefit
Jefferson Twp Residents
Serving in Afghanistan**

Saturday – September 8, 2012

Time: 9:00 am

Pre-register by: 9/4/2012

Race Location Start & End:
American Legion Building
Legion Road, Milton, NJ
(Off of Berkshire Valley Road)

Race Day Registration: 8am—8:45am
Race Time: 9:00am

Entry Fee

Pre-register via email at:
globemaster2@hotmail.com or
mail this registration form to K of C

- \$10.00 for pre-registered runners (by 9/4/2012)
- \$15.00 for race-day registration

For more information

Contact Mike Murphy at: (908) 208-5190 or globemaster2@hotmail.com

Walk / Run



- Top 3 Males /
Top 3 Females**
- 15—19
 - 20—29
 - 30—39
 - 40—49
 - 50—59
 - 60—69
 - 70+

USATF Certified Course No. NJ10517JHP
Restroom Facilities Available

*Unofficial Time - Keeper

In consideration of your acceptance in the Knights of Columbus 5K run, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, the presenting organization, (Knights of Columbus Council No. 5510) and any sponsoring organizations, and any co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to successfully compete in this event, and I certify that I am in good physical condition for this event. I understand that if the event cannot be held due to an act of God, or circumstances beyond control, the organizer is not liable to refund any money paid by me to participate. I hereby grant permission to the Knights of Columbus Council No. 5510 to use photos that may include me for any promotion and publicity. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

Mail form and check to:
Knights of Columbus (K of C)
Council No. 5510
PO Box 2624
Oak Ridge, NJ 07438

Make check payable to:
K of C Council #5510



First Name _____

Last Name _____

Address _____

City / State / Zip _____

Email _____

Phone _____

Date of Birth _____ Age on Race Day _____

Circle: M F

How did you hear about this 5K? _____